

Tufts MC 2026-2028 Community Benefits Grantees

Asian American Civic Association – Financial Security and Mobility

Program Name: Multi-Service Center

Summary: The Asian American Civic Association's Multi-Service Center strengthens financial stability and upward mobility for low-income, immigrant, and limited-English-proficient residents in Greater Boston. Combining workforce development, ESOL, and financial literacy with case management and wraparound supports, the program helps individuals overcome barriers to employment and self-sufficiency. By addressing both immediate stabilization needs and long-term skill development, the Center advances economic security and reduces health inequities across diverse immigrant communities.

Asian Task Force Against Domestic Violence – Behavioral Health

Program Name: Asian Shelter and Advocacy Program

Summary: The Asian Task Force Against Domestic Violence (ATASK) will use funds to support the Asian Shelter and Advocacy Program: Strengthening Behavioral Health and Access to Care for Survivors of Domestic Violence, an initiative to enhance trauma-informed, culturally specific support for Asian survivors in Greater Boston. The program integrates emotional support, safety planning, and case management to address behavioral health and access barriers faced by linguistically isolated and immigrant communities. Through multilingual advocates—who share survivors' cultural backgrounds—ATASK provides ongoing emotional guidance, connects clients to healthcare and behavioral health services, and helps navigate housing, legal, and social systems. This initiative advances Tufts Medical Center's priorities in behavioral health and access to care by reducing stigma, improving psychosocial well-being, and promoting equitable access to culturally and linguistically appropriate services for Asian survivors of domestic violence.

Boston Asian Youth Essential Service – Behavioral Health

Program Name: Healthy Minds in Action

Summary: Boston Asian: Youth Essential Service's Healthy Minds in Action program promotes behavioral health, access to care, and social-emotional development among Asian youth and young adults in Boston. Through culturally responsive and bilingual wellness activities—such as outdoor recreation, mindfulness, art, cultural exploration, and community engagement—the initiative fosters mental well-being, resilience, and leadership. It connects youth to caring adults, civic opportunities, and safe spaces that counter social isolation, stigma, and alienation, while building confidence and a sense of belonging within their cultural and neighborhood communities.

Chinatown Business Association – Financial Security and Mobility

Program Name: Chinatown Youth Workforce & Business Empowerment Program

Summary: The Chinatown Business Association’s Youth Workforce & Business Empowerment Program builds economic mobility for Chinatown youth by pairing bilingual financial literacy and workforce training with paid internships working on behalf of neighborhood small businesses. The initiative promotes intergenerational mentorship and community resilience—equipping young residents with career readiness skills while strengthening the operations of immigrant-owned businesses. By addressing both youth underemployment and small business recovery, the program fosters a financially stronger, more connected Chinatown community.

Greater Boston Chinese Golden Age Center – Behavioral Health

Program Name: Behavioral Health Navigation and Clinical Support Program for Chinese-speaking Adults

Summary: The Greater Boston Chinese Golden Age Center’s Behavioral Health Navigation and Clinical Support Program for Chinese-speaking Adults expands access to culturally and linguistically appropriate mental health services in Boston’s Chinese community. The initiative integrates case management, bilingual clinical counseling, evidence-based self-management programs, and peer support groups to reduce stigma, improve depression outcomes, and strengthen social connectedness. By addressing language barriers, isolation, and cultural stigma, the program enhances behavioral health equity for Chinese-speaking adults across Chinatown, the South End, and surrounding neighborhoods.

Josiah Quincy Elementary School & Joseph Hurley K-8 School – Chronic Disease Prevention

Program Name: Social and Emotional Health Education

Summary: Josiah Quincy Elementary and Hurley School’s Social and Emotional Health Education Program provides integrated health and wellness education focused on behavioral health, obesity prevention, and substance use awareness for students and families in Boston’s Chinatown, South End, South Boston, and Dorchester. A dedicated health educator delivers culturally responsive lessons on emotional regulation, healthy lifestyles, and coping strategies, while coordinating family engagement events and partnerships with community health organizations. The program strengthens early health literacy, mental well-being, and resilience among diverse and multilingual student populations.

South Boston Neighborhood House – Chronic Disease Prevention

Program Name: Healthy Aging and Wellness Collaborative

Summary: The Healthy Aging and Wellness Collaborative, led by South Boston Neighborhood House with local partners, delivers integrated health, wellness, and behavioral support for



community members and older adults in South Boston. Through programs like Peace by Piece healing sessions, exercise classes, blood pressure screenings, and community workshops, the initiative promotes resilience, connection, and physical well-being. The collaborative addresses behavioral health, chronic disease prevention, and access to care by reducing isolation and providing free, community-based health resources for community members.

St. Mary's Center for Women and Children – Behavioral Health

Program Name: Trauma-Informed Behavioral Health Services for Women, Children, and Families Experiencing Homelessness

Summary: St. Mary's Center's Trauma-Informed Behavioral Health Services program provides comprehensive, culturally competent mental health care for women, children, and families experiencing homelessness in Greater Boston. The initiative addresses the dual crises of homelessness and untreated trauma through on-site counseling, case management, and family-centered support. By integrating behavioral health into housing and stabilization services, the program works to reduce disparities, foster emotional resilience, and help families transition to long-term stability.

Wang YMCA of Chinatown – Chronic Disease Prevention

Program Name: Chinatown Behavioral and Chronic Disease Community Health Program

Summary: The Wang YMCA of Chinatown, part of the YMCA of Greater Boston, proposes the Chinatown Behavioral and Chronic Disease Community Health Program to promote behavioral health, chronic disease prevention, and access to care among low-income, multilingual residents in Chinatown. The initiative combines evidence-based programs—including Mental Health First Aid, Healthy Habits, Enhance Fitness, Livestrong for cancer survivors, Blood Pressure Self-Monitoring, and outdoor wellness retreats—to improve physical and emotional well-being across generations. By integrating bilingual health education, culturally relevant fitness and nutrition classes, and system-level collaborations with community and government partners, the YMCA aims to reduce stigma, increase access to care, and foster a healthier, more connected Chinatown community.

